EYFS PE Curriculum Map

Term	Unit & Lesson	Learning Intentions	Success Criteria	National Curriculum Links
Autumn 1	Unit 1 L1	Balance beanbags, carry & change direction	Balance, move & change direction with beanbags	Build balance
Autumn 1	Unit 1 L2	Move through hoops in varied ways	Move through hoops, work with partner	Develop coordination
Autumn 1	Unit 1 L3	Reach, stretch, move objects	Stretch, move objects, play with others	Fundamental movement skills
Autumn 1	Unit 1 L4	Step, stride, create bridges/tunnels	Big/small steps, bridges, tunnels	Extend balance & coordination
Autumn 1	Unit 1 L5	Travel over/under apparatus	Move over/under, collect objects	Apply coordination
Autumn 1	Unit 1 L6	Create shapes, link shapes with partner	Name/make/join shapes	Collaborate with others
Autumn 2	Unit 2 L1	Twist, turn, roll, transition	Twist, roll, control movement	Develop basic control
Autumn 2	Unit 2 L2	Pathways & stepping patterns	Coordinate limbs, hold shape	Develop agility & coordination
Autumn 2	Unit 2 L3	Work with music, jump patterns	Jump in combinations	Develop running & jumping
Autumn 2	Unit 2 L4	Jump on apparatus, land safely	Jump/land with control	Increase confidence in jumping
Autumn 2	Unit 2 L5	Travel on equipment, stretch, roll	Move in ways, roll/stretch/jump	Apply agility, balance & coordination
Autumn 2	Unit 2 L6	Perform as team, tuck & rock	Work as team, shapes, tuck rock	Cooperative physical activity
Spring 1	Unit 3 L1	Move at speed, show agility	Run different ways, use agility	Use speed in games
Spring 1	Unit 3 L2	Chasing games with control	Safe running, control speed/direction	Safe chasing games
Spring 1	Unit 3 L3	Respond to cues, change direction	Listen, change direction	Direction change for games
Spring 1	Unit 3 L4	Explore start/stop control	Start/stop in varied ways	Control start/stop
Spring 1	Unit 3 L5	Recognise fast/slow, move like animals	Show fast/slow, describe	Control movement speed
Spring 1	Unit 3 L6	Stop & perform actions	Stop on cue with control	Stop with control
Spring 2	Unit 4 L1	Move objects at speed, send/receive ball	Move objects quickly, slide/roll	Teamwork
Spring 2	Unit 4 L2	Inching, crawling, fast/slow actions	Inchworm, bear crawl, link speeds	Basic coordination
Spring 2	Unit 4 L3	Jumps on/off/over with control	Jump ways, know easy/hard jumps	Apply agility to jumping
Spring 2	Unit 4 L4	Circle dances in group	Dance, follow cues	Develop coordination
Spring 2	Unit 4 L5	Agility & strength in runs	Hold shape, relay, run fast	Work individually
Spring 2	Unit 4 L6	Team obstacle course	Run/jump/throw, teamwork	Work collaboratively
Summer 1	Unit 5 L1	Balloon handling	Hold/hit/follow balloon	Develop coordination
Summer 1	Unit 5 L2	Ball handling with hands	Hold/roll/pat/throw, aim	Ball control solo & pair
Summer 1	Unit 5 L3	Ball control with feet	Kick/stop ball	Develop coordination
Summer 1	Unit 5 L4	Hop, step, jump sequences	Hop/jump/step, hopscotch	Control body & object
Summer 1	Unit 5 L5	Send, receive, carry objects	Explain sending, choose ways	Cooperative activities
Summer 1	Unit 5 L6	Aim at targets	Touch targets, slide/stop beanbag	Confident aiming
Summer 2	Unit 6 L1	Parachute games	Hold parachute, follow instructions	Manipulate objects in group
Summer 2	Unit 6 L2	Collect, move, place equipment	Move balls, roll/push in group	Manipulate objects solo/group
Summer 2	Unit 6 L3	Use baton to hit, invasion games	Hit/dribble, simple invasion game	Manipulate objects solo/group
Summer 2	Unit 6 L4	Baton steering, bilateral dribble/pass	Dribble/pass, explain dribble	Manipulate in a course
Summer 2	Unit 6 L5	Skipping with/without rope	Jump/skip, recognise jumps/hops	Coordinate object & jumps
Summer 2	Unit 6 L6	Hoops rolling/spinning	Roll/spin hoops solo/partner	Manipulate solo/partner